

THE PULSE OF R-5



Hindsight 2020

In Hindsight 2020, learners are debating topics such as black lives matter, blue lives matter, should websites track your data, and would you rather marry the handsomest person or the smartest person? We are arguing, researching, calculating, charting, and growing. Our September student of the month was Nate Vialpando for being enthusiastic about learning, taking on the responsibility of a job and an internship, and encouraging learning around him.



CCC

The Counter-Culture Cohort is nearing the end of the first quarter! We have had an exciting, yet informative, past few weeks as our focus has been centered around the interconnecting themes of counter culture, protests, and the 1960s. Friday, October 9, marks the end of the quarter and we plan to celebrate by tie-dying t-shirts --the ultimate 60s experience! Additionally, this quarter, learners have focused daily to establish community through a wide variety of social and emotional team building activities. As we conclude quarter one, we want to acknowledge two students who consistently demonstrate many attributes of a positive learner - motivated, engaged, consistent, and optimistic; these two students are Alexandria Romero and Jakub Peshlakai. Keep up the good work, Counter Culture Cohort!

Aquaponics

When school started, the garden was ready to harvest. We have collected over 2700 pounds of produce that we sold. We have tomatoes, tomatillos, spinach, arugula, and beets that should grow until the first hard frosts. The aquaponics facility regularly produces 20 to 35 pounds of lettuce a week, reaching over 700 pounds in 2020. Proceeds go to continuing to fund our facilities and purchasing high quality seeds for next year. Thanks to the Kiwanis Club for their donation of over \$1000 to help us continue this program. In two harvest celebrations, we roasted chilies and made salsas to share the results of our work. Colorado State University Cooperative Extension provided additional chilies to spice up our salsas.

Principal's Note

Welcome to our new communication between R-5 High School, our families and the wider community. COVID has brought an increased attention to the importance of consistent and predictable written communication as we are not always able to communicate in some of the in-person ways we previously would have. We will be sending communication like this every month which will provide a brief summary of some of the highlights of events going on in our school. This will include celebrations of learning and some of the many great things happening at R-5. When necessary, it will include updates on events that are likely to be of concern to parents as well. It is our intent that this communication tool will serve to share and inform our school community about life at R-5 High School.

Restorative Practice

R-5 continues to blaze the way upon changing the paradigm of the traditional discipline model with restorative practices. We are entering our fourth year of implementation. Restorative Practice focuses on the harm that occurs in relationships and teaches learners how to restore and repair the harm that happens in conflict through Restorative Circles. There are currently three restorative practice teams that are supporting each cohort. We run several types of circles to repair harm, and build community and relationships within our building. MCVSD #51 has adopted some of our language, forms and practices into their own discipline models throughout schools. We hope that with our continued success in lessening out-of-school suspensions, expulsions and helping our youth learn valuable problem solving skills, we will continue to inspire and illuminate other schools to adopt restorative practices as their discipline model.

Important Dates

October 1st - Free Application for Federal Student Aid (FAFSA) window opens

October 13th - Free application day for all colleges in Colorado

October 13th - ASVAB test given at GJHS 9:00 am

October 14th - SAT testing for all seniors at R5

October 29th - PSAT testing for all juniors at R5

Please see Mr. Golba, school counselor, for details!



As a parent of a student at R-5 High School, you have the right to know the professional qualifications of the classroom teacher who instructs your child. This is a requirement for all districts that receive Title I funds. Federal law allows you to request certain information in a timely manner. Listed below is information you have the right to ask for regarding each of your student's classroom teachers.

Whether the Colorado Department of Education (CDE) has licensed or endorsed your student's teacher for the grades and subjects taught. Whether CDE has decided that your student's teacher can teach in a classroom without being licensed or qualified under state regulations because of special circumstances. The teacher's college major; whether the teacher has any advanced degrees, and if so, the subject of the degrees. Whether any teachers' aides or similar para-educators provide services to your child and, if they do, their qualifications. If you have any questions, please contact Mr. Trujillo at

254-6880.